

Young Adults Guide

Transformative experiences hand-crafted just for you
Ages 12+

Cooking Class

US\$281.25

For Young Adults seeking a culinary island experience rooted in Dominica's rich culture, Secret Bay offers personalised in-villa cooking classes to open your eyes to a new way of cooking. Discover indigenous ingredients, learn to forage for wild herbs and vegetables and allow our executive chef to provide you with useful cooking skills you can bring home with you and use in your own kitchen.

Art Classes & Commissioned Pieces

US\$207

Bring out your inner artist with an in-villa art class led by a local artist who will help you bring the beauty of Dominica's natural surroundings to life. Create your own masterpiece with pen, ink, watercolour, acrylic or oil pastels, commission an original piece or purchase an existing piece that captures the freedom and rhythm that imbue the island air.

Snorkel at Secret Beach or the Ti-Bay Reef

FREE

Let the underwater world of Dominica bring you on an adventure as you snorkel through warm Caribbean waters and witness the abundance of marine life. Discover secret reefs, rock formations and more just steps from the shoreline.

Horseback Riding

US\$102 - \$124

A moment you can't help but photograph. Explore the hilly, lush terrain of Dominica on horseback as you weave through the rainforest and wetlands surrounding Secret Bay. Whether for a few hours or a full day adventure, this horseback excursion will be anything but ordinary, leaving you with memories you won't soon forget.

Bird Watching

US\$173

Check spotting Dominica's most famous, yet endangered Sisserou Parrot off your bucket list with this Bird Watching excursion. Dominica's diversity of habitats provide for a wide variety of birds throughout the island, with one of the best places to spend the day amongst these animals just moments from Secret Bay at the Syndicate Nature Reserve.

River Tubing

US\$110

A truly once in a lifetime experience made for the adventure traveler. Take the ride of your life as you float down the longest of our 365 rivers in Dominica in an inner tube, whilst enjoying the exotic scenery of the island.

Titou Gorge

COMBINED TOUR (below)

Take a swim through a natural cave that leads to a secret waterfall and forest canopy at Titou Gorge. This is a truly magical experience that will leave you wanting to discover more of what the Nature Island has to offer.

Waterfalls

COMBINED TOUR (below)

Allow us to organize a hike leading to some of the most undiscovered waterfalls hidden away in the verdant mountainous landscape. With an abundance of waterfalls, you have the ability to choose between difficulty levels and various terrain to create your perfect excursion.

Boiling Lake

COMBINED TOUR (below)

A hike to the Boiling Lake is a must for any Young Adult seeking to be challenged and amazed. The arduous trail takes you on a trek through the rainforest where your head will be in the clouds at the highest points and then followed by a descent into the Valley of Desolation to cross a hotbed of sulphuric steam leading to the second largest boiling lake in the world.

Lionfish Hunting

US\$275

For Young Adults looking for a truly one of a kind Dominica experience, join Captain Don and learn how to catch Lionfish, an invasive species who threaten the health of our coral reefs and native fish, by spear to help manage their numbers in our Caribbean waters.

Secret Cave Exploration

FREE

Discover the excitement of darkness becoming light, as you emerge from underwater pathways into a magical grotto filled with ethereal light and the rhythmic slapping of water against rock. We are happy to accompany you for the first time!

Paddleboarding & Kayaking

FREE

A wonderful form of exercise for all levels of ocean goers, stand-up paddleboarding and kayaking are a must when visiting Dominica and its tropical landscape. Explore our secluded bay, Freshwater Lake or transport yourself towards Secret Beach, a stretch of coastline that is only reachable by kayak, paddle board or boat.

Canyoning

US\$261

Undoubtedly the most invigorating way to explore the waterways of Dominica. Our canyoning experience will take you through the gorges and rivers that carve down through the rainforest, sliding and swimming your way – in the hands of the most capable guides on the whole island – right into the heart of the island.

Hiking

COMBINED TOUR (below)

Undoubtedly the most invigorating way to explore the waterways of Dominica. Our canyoning experience will take you through the gorges and rivers that carve down through the rainforest, sliding and swimming your way – in the hands of the most capable guides on the whole island – right into the heart of the island.

Guided Snorkeling

US\$109.00

Allow our guides to lead the way through rich marine life and wide variety of coral that live in the waters just beyond Secret Bay. Snorkel around Secret Bay, Split Rock or at Champagne Reef where the water is clear, warm and an exceptional teal-blue colour. We have complimentary swimming and snorkeling gear and guides for your ongoing use throughout your stay.

COMBINED TOURS

1 Experience	US\$207
2 Experiences	US\$331
3 Experiences	US\$380